TOAMANA FISHING CHARTERS
Wahoo, Yellow Fin Tuna and Mahimahi are the targeted species. Limited jigging and casting. All gear provided. The catch remains with the boat but anglers may request a piece. Boat departs from Sir Roberts Wharf in Alofi for approximately 4 hours of fishing with a maximum of 2 anglers.

CONTACT DETAILS:
Hima Douglas
Email—manaia@niue.nu
Tel—+683 4165
$400 for 2 persons (3.5—4 Hour Charter)
*Some Terms and Conditions Apply

VAIMONO CHARTERS
5M fully equipped alloy boat. Charter runs for 4 hours with a maximum of 3 anglers. The boat is fully equipped with all necessary safety equipment.

CONTACT DETAILS:
Stan Kalauni
Email—niuerentals@niue.nu
Tel—+683 4065 OR +683 5030
$500 (4 hour charter)
*Some terms and conditions apply

TERESA’S CHARTERS
Teresa’s Charters is a 6m Stabicarft boat with a 115 HP Yamaha Outboard motor plus an 8 HP auxiliary motor. Space on board allows for up to 3 passengers maximum plus the skipper and his deck hand. Fully equipped with safety equipment, and all fishing gear is provided including game rods, light and heavy gear, lures and baits.

CONTACT DETAILS:
Des Hipa
Email—chrishipa@niue.nu
Tel—+ 683 4179  Mobile—+683 6744
$600.00 for 3 persons (5 hour charter)
*Some terms and conditions apply
**NIUE CHARTERS**

Horizon is the largest charter boat on the island. The well appointed 7.5 m blade runner cat is fully rigged for game fishing.

**CONTACT DETAILS:**
James Douglas
Email—niuecharters@niue.nu
Tel—+683 5151 OR +683 5678
$700 for 4 persons (5 Hour Charter)
$150 per extra person up to 6 pax
Payment Method—Credit Cards Accepted

*Some Terms and Conditions Apply

**UNAVAILABLE UNTIL FURTHER NOTICE**

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**SEATURTLE CHARTERS**

Specialized in affordable fishing. Can hold maximum of 2 persons. Sea turtle is a 5.5 metre Surtees workmate and is purpose built for fishing. Specializes in trolling for Wahoo, Tuna, sailfish, Bottom fishing as well as tropical reef species.

**CONTACT DETAILS:**
Ian Richardson
Email—seaturtlecharters@niue.nu
Tel—+683 4670
$400 for 2 persons (5 Hour Charter)
Available for both AM and PM charters
Website—www.seaturtlecharters.co.nz
Facebook—seaturtlecharters

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**NIUE FISHING CHARTERS**

Zoe is a 6.05 metre Frewza Fisher aluminium pontoon boat. Space on board provides for comfortable line fishing charters of up to 4 adult anglers, up to 5 spearo’s, or 5-6 whale watchers or scenic excursion enthusiasts. Specialize in evening FAD run’s. Operated primarily by local owner (30 + years of fishing and 25 years diving experience).

**CONTACT DETAILS:**
Brendon Pasisi
Email—marineservices@niue.nu
Tel—+683 4312 Mobile—+683 5539

Packages Available:
1. “Evening FAD run”—2.5 hrs. available weekdays and Saturday.
2. “Coastal and FAD combination” - 4 hrs. available Saturday’s only morning/afternoon slots.
3. “Coastal and FAD combinations—6 hrs. —allows for round the island combat mission weather permitting—available Saturday Only—One Slot.
4. “Night Exploration” - 2.5hrs all days except Sunday.

Contact operator direct for rates.

*Some Terms and Conditions Apply*
FISH NIUE CHARTERS

Manutahi (seabird) is a 6.3 metre stabicraft purpose built for Niue’s waters offering a range of options customised to your needs. Our vessel complies with Niue’s safety requirements and carries all appropriate safety equipment.

We carry quality shimano game rods and reels which are rigged to IGFA standards catering to both the novice angler and those fishing enthusiasts. Our anglers are also guaranteed a piece of their catch to enjoy back at their accommodation.

Your local skipper, BJ Rex has been fishing in Niue for many years and is a certified PADI Dive master and certified whale watching guide.

CONTACT DETAILS:
BJ Rex
Email—fishniue@niue.nu
Tel—+683 5697
Website—www.fishniue.com
$600 for 4 persons (5 Hour Charter)
Every Extra Hour—$100

NIUE SPORT FISHING CHARTERS

Well-appointed 659 Stadicraft Supercab powered by a 150hp Yahama motor. Equipped with the latest Shimano game rods and reels as well as safety equipment. Skippers are Maritime ILM qualified. Charters are customized to your requirements, all fishing styles covered and top quality lures, poppers, jigs, stick baits and fresh bait included to suit. No experience necessary. Also available for sight seeing and snorkelling trips.

CONTACT DETAILS:
Email—ahellesoe@hotmail.com
Tel—+683 4684 Mobile—+683 5069
$600 for 4 persons (5 Hour Charter)
Website—www.niuesportfishing.co.nz
*Some Terms and Conditions Apply
UNAVAILABLE : WILL ANNOUNCE WHEN RE-OPENED
NIUE SPORT FISHING CHARTERS
Well appointed 659 Stabicraft Supercab powered by a 150hp Yamaha for a smooth ride. Skippers are Maritime ILM qualified.
CONTACT DETAILS:
Email—ahellesoe@hotmail.com
Tel—+683 4684 Mobile—+683 5069
$600 for 4 persons (5 Hour Charter)
Website—www.niuesportfishing.co.nz
*Some Terms and Conditions Apply
UNAVAILABLE : WILL ANNOUNCE WHEN RE-OPENED

FISH NIUE CHARTERS
Manutahi is a 6.3 meter stabicraft purpose built for Niue’s waters offering a range of options customised to your needs.
CONTACT DETAILS:
BJ Rex
Email—fishniue@niue.nu
Tel—+683 5697
$500 for 4-5 persons (5 Hour Charter)
Website—www.fishniue.com
*Some Terms and Conditions Apply

NIUE FISHING CHARTERS
Zoe is a 6.05 metre Frewza Fisher aluminium pontoon boat. Space on board provides for comfortable fishing for up to 5 spearo’s., Operated primarily by local owner (30 + years of fishing and 25 years diving experience).
CONTACT DETAILS:
Brendon Pasisi
Email—bpasisi@yahoo.co.nz
Tel—+683 4312 Mobile—+683 5539
Contact operator direct for rates.
*Some Terms and Conditions Apply
WATER BASED ACTIVITIES—DIVING / SNORKELLING / WHALE WATCHING

BUCCANEER ADVENTURES NIUE DIVE

Buccaneer adventure Niue Dive is a registered SSI and PADI store owned and operated by Shannon and Krystal Hunter. Whether you want to embark on an underwater tour with Scuba Diving, Free diving or explore the outer reef’s wide assortment or marine life while Snorkelling. BAND are the only operators in Niue which offer in-water interactions with Spinner Dolphins and the Humpback Whales.

DIVING IN NIUE

Diving in Niue will be unforgettable.

**Price**

<table>
<thead>
<tr>
<th>Service</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Single Dive</td>
<td>$100</td>
</tr>
<tr>
<td>Double Dives</td>
<td>$190</td>
</tr>
<tr>
<td><strong>Dive Packages</strong>—Tank and weights only</td>
<td></td>
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<tr>
<td>4 Dives—$360</td>
<td>6 Dives—$540</td>
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<tr>
<td>8 Dives—$720</td>
<td>10 Dives—$900</td>
</tr>
</tbody>
</table>

**Snorkelling with B.A.N.D**

Includes snorkel gear and shortie wetsuit

Price: $90.00 NZD Per Person

**Glass Bottom Boat Tour**

The Glass Bottom Boat Tour- takes you on a coastal tour of Avatele bay where you can stay on the boat and still get to see the amazing corals and marine life under the water.

$80 NZD per person / 5-7 Year Olds $50 NZD.

NO EXCEPTIONS

BUCCANEER ADVENTURES NIUE DIVE

Want to learn to Scuba Dive OR update your skills?

**B.A.N.D offer a range of SSI dive courses and SSI free diving courses.**

Try Scuba Diving—$170 Half Day fun dive experience with some theory, a pool session and 1 dive up to 12 metres.

Open Water Course—$670 3/4 day course including theory, pool sessions and 4 dives up to 18 metres. This course will allow you to dive at any dive shop in the world up to 18m.

**Advances Courses and Specialties** available on request. Contact the dive shop for prices and bookings.

Free diving Courses—$550 the introduction of the purest form of diving. Learn proper breathing techniques, familiarize yourself with diaphragm breathing and take deep breath like you never have before.

**In-Water Humpback Whale Interactions**

Interact with these gentle giants. Starting in the classroom with a short educational presentation and also what to expect on the trip. Do note that we cannot control where the whales may be and not every trip will see whales, But as they say, you have to be in it to win it.

Includes Snorkel Gear and Shortie wetsuit.

Price: $150.00 NZD Per Person

CONTACT DETAILS:

Shannon and Krystal Hunter
Email—niuedive@dive.nu
Tel—+683 4311
Website—www.dive.nu
WATER BASED ACTIVITIES—DIVING / SNORKELLING / WHALE WATCHING / REEF / KAYAK

NIUE SPORT FISHING CHARTERS

Well appointed 659 Stabicraft Supercab powered by a 150hp Yamaha for a smooth ride. Skippers have NZ Maritime ILM qualifications. Available also for scenic tours.

CONTACT DETAILS:
Email—ahellesoe@hotmail.com
Tel—+683 4684
$600 for 4 persons (5 Hour Charter)
Website—www.niuesportfishing.co.nz
*Some Terms and Conditions Apply

UNAVAILABLE : WILL ANNOUNCE WHEN RE-OPENED

KAYAK NIUE

Kayak Niue, Paddle at our pace offers “quality not quantity” sit on top kayaks that allow you to experience the waterways on the rock. Providing complete safety and comfortable guided coastal marine tours. Tours are dependent on the weather and sea conditions. Additional activities available upon request ie snorkelling and fishing (your own gear)

CONTACT DETAILS:
Meshu Inia
Email—kayakniue@niue.nu
Tel—+683 4097 OR +683 5097
$75 per adult
*Some Terms and Conditions Apply

HERMANS REEF AND FISHING TOURS

Take a guided tour along Niue’s reef and discover the abundance of marine life and shell-fish that inhabit Niue’s extensive coral reefs. Learn about the myths and legends that abound in relation to the sea. Tours end with a viewing of the only extensive shell collection on Niue.

Herman is also available to take visitors out on a traditional reef fishing trip using local gear.

CONTACT DETAILS:
Herman Tagaloailuga
Email—info@niueisland.com
Tel—+683 4573
$45 per person

*Some Terms and Conditions Apply

FREEDOM KAYAK HIRE

Wanting that ultimate Niue experience on the water? Then be sure to hire out a kayak from freedom kayak hire where you can roam Niue’s waters freely, tide and weather permitting. Pay for your kayak at Crazy Uga Café and pick up your kayak from our family home in the Village of Avatale, just above the Wash-away Café.

CONTACT DETAILS:
Willie Saniteli
Email—sarah@niue.nu
Tel—+683 6392 OR +683 4653
$20 Per Day
PADDLE BOARDING

Stand Up Paddleboards or SUP’S are one the fastest growing water sport activities that allow fun for entire family. Regardless of Age, ability or size. You can enjoy a day on the water full of adventure and exploring while receiving a great core workout or you can relax and enjoy a peaceful on water activity being able to experience nature without the hassle of boats and the sound of engines. SUP’S help improve balance and co-ordination, strength and endurance and is an amazing stress-reducer. If your feeling really adventurous why not try Paddleboard Yoga for a holistic workout.

BOARD HIRE

If you already love paddle boarding and want to hire a board for an hour or the day we have you covered.

$20 an hour per board
$50 for the day per board (9am-4pm)

CONTACT DETAILS:
Shannon and Krystal Hunter
Email—niuedive@dive.nu
Tel—+683 4311
Website—www.dive.nu

FISH NIUE CHARTERS

Manutahi (sea bird) is a 6.3 metre stabicraft built for Niue’s waters offering a range of options customised to your needs, our vessel complies with Niue’s safety requirements and carries all the appropriate safety equipment.

You skipper, BJ Rex has been fishing in Niue for many years, is a certified PADI Dive master and certified whale watching guide.

To enjoy your trip out with us we recommend:

- Soft-soled, non-slip covered shoes
- Raincoat (When needed)
- Hat, sunglasses and sunblock
- Camera—to capture that awesome moment

We do carry light refreshments on board however you are welcome to bring your own should you have a personal preference.

$100 per person (3 hour charter)
Minimum of 4 passengers, maximum of 6

CONTACT DETAILS:
BJ Rex
Email—fishniue@niue.nu
Tel—+683 5697
Website—www.fishniue.com

INFLATABLE KAYAK

Buccaneer Adventures Niue Dive now has solo inflatable kayaks kayaks for rent. Take your time to explore Niue’s unique coastline from on the water. Take in the spectacular views of coastal cliffs and caves.

$50.00 Day OR $200.00 Per Week

CONTACT DETAILS:
Shannon and Krystal Hunter
Email—niuedive@dive.nu
Tel—+683 4311
WATER BASED ACTIVITIES—DIVING / SNORKELLING / WHALE WATCHING / REEF / KAYAK

LICENCED TO THRILL PACKAGES

Buccaneer Adventures Niue Dive presents the License to Thrill Packages.

These packages are designed to bundle a range of activities on offer at a discounted price.

There are 9 packages available- 3 diver packages, 3 family packages for different kids ages and discover packages for 3, 7 and 10 day stays.

The packages include activities at Buccaneer Adventures, an orientation tour and fishing charter through Toamana Tours and Travel.

This gives you, our guest the option to plan ahead and partake in more that Niue has to offer while saving up to 20% on the price.

You can purchase before arrival to Niue or once on island, however pre-booking is recommended to avoid missing out on trips.

CONTACT DETAILS:
Shannon and Krystal Hunter
Email—niuedive@dive.nu
Tel—+683 4311
Website—www.dive.nu
WATER BASED ACTIVITIES—DIVING / SNORKELLING / WHALE WATCHING / REEF / KAYAK

MAGICAL NIUE—SEA ADVENTURES

Magical Niue Sea adventures offer a range of on water and under water experience. Magical Niue believes in sharing with you the true Niue experience, sharing their love for Niue and giving others a bit more of what the island can offer, so you will be able to take home some special memories and greater appreciation for the underwater world. Magical Niue Sea Adventures is focused on providing high-quality service and customer satisfaction - we will do everything we can to meet your expectations.

Magical Niue Offers the following Tours:

- Educational Sea Tour with snorkelling—Duration of trip : 2.5—3.5 Hours—$90.00 Per Person
- Educational Sea Tour / Sight Seeing—Duration of trip : 2 Hours—$90.00 Per Person
- Whale Watching—$135.00 Per Person
- Underwater Scooters / Subwing Experience—$75.00pp from shore / $110.00pp from the boat
- Clear Bottom Kayaks—Guided Tour : 2 Hours : $100.00 Per Kayak : One Kayak can hold 2 pax / Guided Tour : 1 Hour : $70.00 Per Kayak : One Kayak can hold 2 pax
- Scuba Diving—Enquire with operator for rates.

CONTACT DETAILS:

Julz Evans
Tel—+683 6737 OR +683 6477
Email—adventures@magicalniue.com
Facebook—www.facebook.com/magicalniue
Website— www.magicalniue.com
GUIDED TOURS

THE COMMODORES ORIENTATION TOUR
Make the most of your stay on Niue and find out where to go, when to go, what to see and what is free! Visit caves with rare limestone formations, chasms, cliff tops and safe snorkelling spots. Included in the tour cost is a DVD of Niue’s sights, scenes and festivals.
CONTACT DETAILS:
Keith and Sue Vial
Email—commodore@niue.nu
Tel—+683 4633
$70 per person
Website—www.niuetours.com

TOAMANA DISCOVERY TOUR
Introducing the first time traveller to the island and bring repeat visitors up to date on some of the exciting things to see and do in Niue. Touring through the main village of Alofi and stopping at strategic locations and ending with a stop at Matapa Chasm for a refreshing dip before you return to your accommodation.
CONTACT DETAILS:
Hima and Pat Douglas
Email—manaia@niue.nu
Tel—+683 4165
$60 per person
Website—www.niuetours.com

EBONY RAINFOREST TOUR
What better way to acquaint yourself with Niue then by engaging in a eco-friendly tour with a knowledgeable guide who not only shares with you his great affinity with Niue’s rich tropical rainforest and its flora and fauna but also the secrets of Niue’s history and legends. You will also have the chance to visit his workshop where he crafts pendants and ornaments from the ebony hardwood.
CONTACT DETAILS:
Jack and Vivian Feleti
Email—charliesebony@niue.nu
Tel—+683 7649
Adults $70 / 7-13 Year Olds $30
Not recommended for the elderly.

HERMANS FOREST WALK
Take a guided tour through traditional family and plantation grounds. Learn about the various uses for the different plants and listen to some of the myths and legends of Niue.
CONTACT DETAILS:
Herman Tagaloailuga
Email—info@niueisland.com
Tel—+683 4568
$45 per person
GUIDED TOURS

**TALIS CAVE TOUR**
Explore Niue’s natural underground limestone caverns on a guided tour. These caves are located on traditional family land and are noted for their incredible variety of passageways including the infamous ‘keyhole’, diverse formations and fossils. Covered footwear and appropriate clothing is required. Not recommended for Claustrophobic persons.
Minimum of 2 persons needed to run the tour, Maximum of 4-6 persons

CONTACT DETAILS:
Darren Magatogia
Email—daryn_91@hotmail.com
Tel — +683 4198
$75 Per Person

**AS PLANTATION AND UGA TOUR**
The A5 tour is a combined experience that provides an insight into “traditional subsistence living” and hunting the coconut crab. Get to taste some of the local flavours of Niue. The tour runs for 2 hours and departs from Mutalau Village. Booking times are flexible.
(Transport is available on request at an additional cost)

CONTACT DETAILS:
Tony Aholima
Email—a5@niue.nu
Tel: +683 7343
$70.00 pp. $30.00 (Under 16yrs)

**AVATELE VILLAGE TOUR**
Take a guided walk through the village of Avatele where you will learn about the history, daily life, local customs and food preparations. Visit the old Liolau primary school and walk down to Avatele beach and listen to stories about local weaving, canoes, village fishing traditions and the legend of Mataginifale.
Light refreshments provided.
Minimum of 4 persons needed to run the tour

CONTACT DETAILS:
Aokuso Pavihi
Email—pavihi@niue.nu
Tel: +683 7708 OR +683 5708
$50.00 per person

**TAUE UGA AND VAKA TOURS**
Taue Uga Tours provides visitors with an opportunity to see an uga (coconut crab) in its natural habitat. Have the uga lifecycle explained and see first hand some of the methods used to capture the uga and why they are of such cultural importance to Niueans. Vaka tour available on Tuesdays and Saturdays for Vaka Tour ONLY, Uga tour times are flexible.

CONTACT DETAILS:
Bev Mokalei
Email—bevmokalei@gmail.com
Tel: +683 5789
Uga Tour—$70.00 $35 (Under 16)
Vaka Tour—$80.00 $25 for children (10-15years)
ON THE ROCKS VANILLA PLANTATION

Do you know how vanilla is grown? On a tree? On the ground? Bush or vine? Come and tour Niue’s Best vanilla plantation and see exactly how vanilla is planted, grown, hand pollinated and picked. Tour runs from Mon-Sat at 10am. Enquire with the Niue Information Centre for more information. Bookings Essential

CONTACT DETAILS:
Nonga Bray
Email—vanilla@niue.nu
Tel —+ 683 4535
$40 Adult / $15 Children

MISA’S NATURE TOURS

Learn first hand how our ancestors use to survive in Niue’s rainforests. From what you can eat, where you can sleep, how to start a fire using natural resources and natural herbal medicines, your tour guide Misa will take you on the journey of his life as a child growing up in Niue’s rainforests.

Booking times are flexible.

CONTACT DETAILS:
Misa Kulatea
Email—info@niueisland.com
Tel —+ 683 4224
$50 per person
*Minimum of 2 persons required to run tour, Maximum of 6

REEF WATCH KIDS CLUB

We have two 3 hour programs where we take the kids on a reef walk learning about the life on the reef and an edu-snorkel where we explore the “Pirate Cave”.

Minimum age of 5 years old.
Session #1- Classroom learning and low tide reef and rock pool walk
Session #2- “Pirate Cave” exploration and edu-snorkel—(Available during School Holidays ONLY)

Rates: $50 per session or $90 for two

CONTACT DETAILS:
Shannon and Krystal Hunter
Email—niuedive@dive.nu
Tel—+683 4311
GUIDED TOURS : CULTURAL EXPERIENCES

TOAMANA’S DISCOVERY EASTERN TOUR / LAKEPA VILLAGE EXPERIENCE

Toamana’s tour of the eastern side of the island includes a tour of the village of Lakepa. The tour departs from the Information Centre in Alofi at 8:00am and Matavai Resort at 8:15am and travels south through the villages of Avatele, Vaiela, Hakupu, Liku and Lakepa. The tour stops at Togo. A walk through the coastal forest brings you to the coast line, a jagged terrain of sharp pinnacles with a well formed path to Togo itself. A fairly steep climb down a solid wooden ladder and you’ve made it to Togo, a sandy cove gouged from solid rock with tall coconut trees at one end. Back on the perimeter road the tour runs through Huvalu Forest, said to be one of the largest rain forests of any raised coral atoll. At Lakepa, you will be hosted by Mary and Kupa for an hour or so as they show you a little of their village, including their restored primary school as well as the skills of husking a drinking coconut. You will be given an opportunity to taste some typical local snacks of coconut and pawpaw and whatever else is in season. Throughout the tour your local Niuean guide will provide you with information on island life ranging from its history, to the people, the language and culture. The return journey will be through the middle of the island and back to the main village and Matavai. Allow 4 hours for the duration. Requires minimum of 8 pax.

CONTACT DETAILS
Hima and Pat Douglas
Email—manaia@niue.nu Tel—+683 4165

HANDCRAFT TOUR

While the general knowledge came with the ancestors, the skills of the weaving shown by the women of Niue today has largely evolved through their own ingenuity and inventiveness. These skills are aptly demonstrated by the women of the village of Makefu.

Rate : $30.00

VANILLA TOUR

The vanilla that is grown on Niue is of genus Vanilla Tahitiensis. As its name suggests this particular variety comes from Tahiti but how it got here reminds a mystery. Nonga Bray is truly Niue’s Vanilla Queen, she grows, she pollinates, she harvests and she cures her own beans. Join Nonga and find out first hand why, amongst other facts, vanilla is the second most expensive spice on the planet.

Rate : $45.00

COMBINED TOUR—$75.00

CONTACT DETAILS:
Hima and Pat Douglas
Email—manaia@niue.nu
Tel—+683 4165

Alternatively Contact:
Email—info@niueisland.com
Tel—+683 4224
ANDAHS UMU EXPERIENCE & TOUR

Dive straight into the Niuean Culture with Andahs Umu Experience & Tour. A unique way to experience Niuean Food cooked in the traditional way. You will not only get to see how the umu is prepared but you will also get to assist with the preparations of the different food types. And what is even better is that while your food is cooking you will be taken to some nearby beautiful locations before returning to open the umu and sample some of the delicious dishes which you helped prepare. Maximum of 8 persons.

COST

Adult—$95.00
Child (0-12Years) - $50.00

WHEN

Saturday Mornings after the arrival on Tuesday / Friday Flight

TIME

9:00 AM—1:30 PM

CONTACT DETAILS

Chamberlin Pita
Email—engi_pita@niue.nu
TEL—+683 4569
MOBILE—+683 5578 OR +683 5107

NIUE CULINARY ADVENTURE

Enjoy a special epicurean experience and discover the taste of Niue’s authentic South Pacific cuisine. Gather local ingredients and take them back to the kitchen for a real Niuean cooking demonstration. The adventure concludes with a gourmet alfresco lunch paired with beautiful New Zealand Wines.

DETAILS:

Thursday—10am—2pm
Limited to a maximum of 6 persons.
$195 Per person

CONTACT DETAILS

Pauline Blumsky
Tel—+683 4698 OR +683 5433
Website : www.niueculinaryadventures.com
WOMENS WEAVING

WOMENS WEAVING GROUPS

Join our talented local women’s weaving group and watch and learn the process of using pandanus leaves to create some of the most amazing finely woven handcrafts. While you are at it why not get amongst it, with some of these weaving groups for a small price you can participate in making your own handcrafts to take home. Don’t miss out on this opportunity to mix and mingle with the local ladies as well as learn a little more about Niuean handcrafts.

**Monday**

9am—2pm  
Hakupu Women's Weaving  
Tuatea Hall, Hakupu

**Tuesday**

9am—12 pm  
Alofi South Women's Weaving  
Aliutu Hall, Alofi South

10:30 am Onwards  
Peniamina Women's Weaving  
Makefu Village (sign on the roadside)

**Wednesday**

9am—2pm  
Niue National Council of Women Weaving  
Makini Hall, Alofi South
# HANDCRAFT GROUPS

## LOCAL CRAFTSMEN

<table>
<thead>
<tr>
<th>Name</th>
<th>Description</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHARLIES EBONY</strong></td>
<td>Carvings and pendants displayed at Niue Information Centre, Tahiono Art Gallery and Matavai Resort gift shop</td>
<td>CONTACT: Jack and Vivian Feleti Tel—+683 7649</td>
</tr>
<tr>
<td><strong>MISA KULATEA</strong></td>
<td>Amazing local crafts made purely out of local wood / stone</td>
<td>CONTACT: Misa Kulatea Tel—+683 4104</td>
</tr>
<tr>
<td><strong>RODNEY ALEC</strong></td>
<td>Carvings, trophies and 21st keys</td>
<td>CONTACT: Rodney Alec Tel—+683 4254</td>
</tr>
<tr>
<td><strong>TALATALAI ASSOCIATION</strong></td>
<td>21ST KEYS, Niue Ornaments made from local wood, souvenir canoes</td>
<td>CONTACT: Tutaue Siakifilo Tel—+683 7325</td>
</tr>
<tr>
<td><strong>TASO TUKUNIU</strong></td>
<td>Niuean crafts</td>
<td>CONTACT: Taso Tukuniu Tel—+683 4289</td>
</tr>
<tr>
<td><strong>TIMOTHY MAGAOA</strong></td>
<td>Local made Niue pendants, miniature canoes from Niue Wood</td>
<td>CONTACT: Timothy Magaoa Tel—+683 2430</td>
</tr>
<tr>
<td><strong>JAMES HEKAU</strong></td>
<td>Carvings, trophies and more amazing Niuean art made out of wood and other local materials.</td>
<td>CONTACT: James Hekau Tel—+683 4158</td>
</tr>
<tr>
<td><strong>TONY AHOLIMA</strong></td>
<td>Tika’s, miniature canoes, spears and much more all made with Niue Wood and other local Materials.</td>
<td>CONTACT: Tony Aholima Tel—+683 7343</td>
</tr>
</tbody>
</table>
KAUHI KRAFTS

Check out Kauhi Handcrafts which has amazing jewellery, tie dyes, pillow cases and much much more. A great little outlet to grab some great deals.
OPEN : Mon-Fri 10am—2pm
CONTACT
Olga Wilson
Tel—+683 5667

HINAPOTO HANDCRAFTS

With woven and wooden Niuean handcrafts Hinapotos Handcrafts, located in the centre of Alofi, the Niue Commercial Centre. Filled with a variety of Niuean crafts and other local art.
OPEN : Mon-Fri 9am—4pm
CONTACT
Mahetoe Hekau
Tel—+683 4158

LUPE NIUE HANDCRAFTS

Earrings, necklaces, pareus, hand woven baskets and much much more. Located in the Village of Alofi South, be sure to stop by and purchase yourself a little bit of Niue.
CONTACT
Feo Sakalia
TEL—+683 6255

A5 COCONUT OIL

Looking for pure coconut oil? Then look no further than A5 Coconut Oil. You can purchase them in different sized bottles and they are perfect for gifts for friends and family.
CONTACT
Tony Aholima
Tel—+683 7343

LAVAS CREATIONZ AND NIUE VANILLA OUTLET

A great little outlet where you can purchase a range of Niuean made jewellery as well as some amazing Niue Vanilla Products ranging from the Vanilla beans to paste and much more. Located in the main village of Alofi. Grab something for yourself and a loved one. You will not be disappointed.
OPEN : Mon-Fri 9am—3pm
CONTACT
Stan Kalauni
Tel—+683 4065
SOUVENIRS

TAHIONO ART GALLERY
Check out Mark Cross’s painting and prints at Tahiono Art Gallery in the main village of Alofi / Commercial Centre. While you are there also take a look at some of the amazing Art Work of Jack Feleti using the ebony wood to have some amazing pieces of jewellery. A definite MUST VISIT!
OPEN : Mon-Fri 9am—3pm
CONTACT
Ahi Cross
Tel—+683 7518

TAOKE PRINTS
Located in the village of Alofi, a great place to finds a range if different t-shirt with prints. You can buy both Kids tees and Adult sized tees. You can also purchase tie dye pareus and sheets and much more.
OPEN : Mon-Thurs 9am—4pm / Friday 9am—2:00 pm
CONTACT
Mary Magatogia
Tel—+683 7429

Bue’t Niue
Be sure to get yourself some amazing Bue’t Niue Lotions. With a range of different fragrances you will small divine.
You can purchase Bue’t Niue from the Niue Information Centre of Sassy Sissys Outlet.
CONTACT
Niue Information Centre

PENIAMINA WOMENS WEAVING GROUP
Join the women of Makefu for a spot of weaving (check weaving page for times) and check out their range of handcrafts available for purchase whilst you are there.
OPEN : Tues 10:30am Onwards / Thurs 10:30am Onwards
CONTACT
Peta Poihega
Tel—+683 4136

MAKINI WOMENS WEAVING GROUP
Join the women of Makini for a spot of weaving (check weaving page for times) and check out their range of handcrafts available for purchase whilst you are there.
OPEN : Wednesday 9am—2pm
CONTACT
Niue Information Centre
Tel—+683 4224

Koefaga
With Soaps, pastes, heat rubs, lip balms and much more, Koefaga has a range of products to suit your needs.
CONTACT
Patricia Hunter Tel—+683 4246
Email—niueholidayhomes@xtra.co.nz

Tupas Handcrafts
With a range of earrings and necklaces and much more to choose from, be sure to check out Tupa’s Handcrafts
Opening Hours—9am—9pm Mon-Sat
CONTACT
Pelenatita Tupa
Tel—+683 4237 OR +683 5658
SPA AND MASSAGE TREATMENTS / BEAUTY TREATMENTS

NAMUKULU COTTAGES AND SPA
Our day spa is open to the public and we are committed to providing a relaxing and rejuvenating experience while you are here in Niue. To make your stay complete we would like to invite you to enjoy the benefits of our range of therapies. The day spa is open Monday to Thursday 9am—4pm.

CONTACT DETAILS
Brian and Teressa Scott
Email—namukulu_cottages@niue.nu
Tel—+683 4533

TUI NA CLINIC
Combining traditional therapeutic Niuean and Chinese techniques for a revitalizing deep tissue massage. Bookings by appointment only after 4pm.

CONTACT DETAILS
Ahi Cross
Email—ahicross@niue.nu
Tel—+683 5961
$60 for 1 hour full body massage

SALA’S SALON
Book for a consultation at the Alofi Commercial Centre. Enquire about waxing / hair styles.

CONTACT DETAILS
Ettie Sala
Tel—+683 4339

TROPICAL TREATS
Luxury Spa, manicure & Pedicure.
Spa Pedicure 90 mins —$90.00
Spa Manicure Mini 90 mins—$50.00
Tropical Manicure 30 mins—$25.00

CONTACT DETAILS
Julz
Email: julzevans@icloud.com
Tel—+683 6477

MAULU MASSAGE
We come to you...Let the stress if the outside world melt away and surround yourself in a cocoon of bliss whilst on our tropical paradise. Maulu Massage offers a healing massage service and body scrubs in the comfort of your own home.

Home Massage Services:
Full Body Relaxation Massage 1 hr—$50
Full Body Aromatherapy Massage 1 hr—$60
Foot Massage 30 minutes—$30

CONTACT DETAILS
Lana & Jen
Email—maulu.spa@niue.nu / asalinitukuniu@icloud.com
Tel—+683 5228 OR +683 5733

TROPICAL TREATS
Luxury Spa, manicure & Pedicure.
Spa Pedicure 90 mins —$90.00
Spa Manicure Mini 90 mins—$50.00
Tropical Manicure 30 mins—$25.00

CONTACT DETAILS
Julz
Email: julzevans@icloud.com
Tel—+683 6477
Touch of Niue

Enjoy the experience while on holiday here in Niue. With a Rock of Polynesia Massage, Touch of Niue. You will find that an outdoor massage with the sounds of the sea, the warmth of the sun, the cool breeze and the beautiful smell of the scented oils will leave you feeling relaxed.

Your massage experience can be where you feel most comfortable. If you prefer your massage in the comfort of your room then our therapist can set this up for you.

Using only local made organic oils and fragrances you will find yourself planning your next massage before you are even done.

The Touch of Niue will leave you feeling relaxed, body and mind.

**NOTE: This massage is only available to those staying at Scenic Matavai Resort**

All bookings are to be made with Scenic Matavai reception

### Types of Massages available

**Amoamo (Relaxation Massage)**
Let your body relax as coconut oil is used to soften the muscles and release the tension.

$70.00 for 60 minutes

**Mulumulu (Ultra Polynesian Massage)**
Using Pure or fragranced coconut oil this treatment concentrates on the neck, scalp, shoulders and back to relieve tense muscles. This is a firm massage that offers precise treatment for specific needs.

$80.00 for 60 minutes ($1.00 per extra minute)

**Fotafota (Deep Tissue Massage)**
Using traditional massage techniques that have been passed down through generations. Starting from the scalp to the toes this remedy promotes rejuvenation and satisfaction.

$80.00 for 60 minutes ($1.00 per extra minute)

**Fakahili Hui (Feet Treatment)**
The client is treated to a selection of liquids that they prefer. Using either sea water or distilled water. This treatments improves blood circulation and health benefits in a natural way.

$65.00 for 45 minutes
RESTAURANT SHUTTLE RUN

$10.00 Per Person (Return Ticket)

- Restaurant Shuttle will stop at main stops as per schedule
- The shuttle will stop at restaurants as per the passengers request
- If your accommodation property is not listed as a main stop please call 4368 to reserve a seat or be on the road side as per schedule.

MAIN STOPS: Southern Accommodation—Scenic Matavai Resort / Northern Accommodation—Namukulu Cottages, Anaiki Palms Hotel, Coral Gardens, Niue Backpackers

For bookings and enquiries please contact Scenic Matavai Resort on ph.: +683 4368 OR +683 4360

SATURDAY / MONDAY & THURSDAY EVENING RUN

6:00 pm—Southern Accommodations to Restaurants
6:45 pm—Northern Accommodations to Restaurants
7:30 pm—Southern Accommodations to Restaurant
8:30 pm—Restaurant pick ups to Southern accommodation
9:15 pm—Restaurant pick ups to Northern accommodation
9:45 pm—Restaurant pick ups to Southern Accommodation

NOT IN SERVICE FOR LOW SEASON—WILL ADVISE ONCE OPERATING AGAIN
**RESTAURANT SHUTTLE RUN**

$10.00 Per Person (Return Ticket)

- Restaurant Shuttle will stop at main stops as per schedule
- The shuttle will stop at restaurants as per the passengers request
- If your accommodation property is not listed as a main stop please call 4368 to reserve a seat or be on the roadside as per schedule.

MAIN STOPS: Southern Accommodation—Scenic Matavai Resort / Northern Accommodation—Namukulu Cottages, Anaiki Palms Hotel, Coral Gardens, Niue Backpackers

For bookings and enquiries please contact Scenic Matavai Resort on ph: +683 4368 OR +683 4360

**SUNDAY LUNCH AND EVENING RUNS**

11:30 am—Departs Southern accommodation / drop off to restaurant of choice
12:15 pm—Departs Northern accommodation / drop off to restaurant of choice
2:30 pm—Departs Washaway / Drop off to all accommodation
5:00 pm—Departs Southern Accommodation / drop off to restaurant of choice
6:00 pm—Departs Northern Accommodation / drop off to restaurant of choice
8:00 pm—Departs Washaway / drop off to all southern accommodation
8:30 pm—Departs Washaway / drop off to all northern accommodation

(Please note only 3 restaurants operate on Sunday:
Vaiolama Café (12pm—6pm)
Gills Indian Restaurant (4pm—9pm)
Washaway Café (11am—9pm)
Scenic Matavai resort (7am till late)

**NOT IN SERVICE FOR LOW SEASON—WILL ADVISE ONCE OPERATING AGAIN**
<table>
<thead>
<tr>
<th><strong>RENTAL COMPANIES</strong></th>
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<tr>
<td><strong>ALOFI RENTALS</strong></td>
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<tr>
<td>Cars, Vans, Trucks, Motorbikes, Bicycles</td>
</tr>
<tr>
<td>Location—Pao, Alofi South</td>
</tr>
<tr>
<td>Opening Hours—Mon-Fri 8am—4pm Sat 9am—12pm</td>
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<tr>
<td>Email—<a href="mailto:alofirentals@niue.nu">alofirentals@niue.nu</a></td>
</tr>
<tr>
<td>Tel—+683 4017 OR +683 4373</td>
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<tr>
<td><strong>NIUE RENTALS</strong></td>
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<td>Location—Omahi, Alofi North</td>
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<tr>
<td>Opening Hours—Mon-Fri 8am—4pm</td>
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<tr>
<td>Email—<a href="mailto:niuerentals@niue.nu">niuerentals@niue.nu</a></td>
</tr>
<tr>
<td>Tel—+683 4216</td>
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<tr>
<td><strong>DRIVEWAY RENTALS</strong></td>
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<tr>
<td>Jeeps, 4WD, Scooters</td>
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<tr>
<td>Location—Crazy Uga Cafe</td>
</tr>
<tr>
<td>Email—<a href="mailto:sarah@niue.nu">sarah@niue.nu</a></td>
</tr>
<tr>
<td>Tel—+683 4392 OR +683 4621</td>
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<tr>
<td><strong>GEORGIAS RENTALS</strong></td>
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<tr>
<td>Cars Only</td>
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<tr>
<td>Location—Huihui Drive, Alofi South</td>
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<tr>
<td>Opening Hours—Mon-Fri 8am—4pm</td>
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<td>Email—<a href="mailto:georgiasrentals@niue.nu">georgiasrentals@niue.nu</a></td>
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<tr>
<td>Tel—+683 5613 OR +683 4037</td>
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<td><strong>HEAHEA RENTALS</strong></td>
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<tr>
<td>Cars and Vans</td>
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<td>Location—Fonuakula, Alofi South</td>
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<td>Opening Hours—Mon-Fri 8am—4pm</td>
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<tr>
<td>Email—<a href="mailto:carrentals@niue.nu">carrentals@niue.nu</a></td>
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<tr>
<td>Tel—+683 4153 OR +683 4317</td>
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<tr>
<td><strong>ILENAS RENTALS</strong></td>
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<tr>
<td>Cars, Vans, Trucks</td>
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<tr>
<td>Location—Alofi South</td>
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<tr>
<td>Email—<a href="mailto:patelesio.vea@niue.nu">patelesio.vea@niue.nu</a></td>
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<td>Tel—+683 6175 OR +683 4671</td>
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<td><strong>OKI NIUE</strong></td>
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<tr>
<td>Cars Only</td>
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<tr>
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<tr>
<td>Email—<a href="mailto:rickymakani@yahoo.com">rickymakani@yahoo.com</a></td>
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<tr>
<td>Tel—+683 4711 Or +683 6239</td>
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<td><strong>ANNOS RENTALS</strong></td>
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<tr>
<td>Email—<a href="mailto:annorentals@gmail.com">annorentals@gmail.com</a></td>
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<tr>
<td>Tel—+683 6310 OR +683 6059</td>
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BICYCLE HIRE

BUCCANEER ADVENTURES NIUE DIVE

Buccaneer Adventure Niue Dive have now got Mountain Bikes available for rent. Even though Niue is a small island we are still too big to walk everywhere. Mountain Bikes are an eco-friendly way to explore Niue’s many swimming holes and walking tracks.

CONTACT DETAILS:
Krystal and Shannon Hunter
Email—niuedive@dive.nu
Tel—+683 4311
$15 Per Day
$90 per week
*Prices are per bike and helmets are included

Pick up from the Niue Dive Shop

NIUE BIKE HIRE

There is no better way to see Niue then with the sun on your back and the wind in your hair. Niue is considered one of the smaller islands within the pacific but don't let that fool you. Exploring Niue’s unique and amazing swimming holes and walking tracks has never been easier. Equipped with a different array of bikes suitable for both men and women, Niue Bike Hire guarantees you will have a good time.

CONTACT DETAILS:
Vaiolama Café, Bar and Mini-Golf
Tel—+683 4336
$20 Per Day
$75 Per Week
*Prices are per bike and helmets are included.

Pick up from the Niue Information Centre.

Niue Bikes are also available for hire from the Niue Information Centre:
$20 Per Day
$120 Per Week

Bicycle Hire also available from Niue Rentals from $15 per day, $90 per week and Alofi Rentals from $20 per day, $120 per week. Contact details for each of these rental companies can be found on page 17.
FUN ACTIVITIES

VAIOLAMA MINI GOLF
Looking for a fun little adventure to take your family and friends on? Well Vaiolama Mini Golf will take your breath away. Located above the cliff tops, Vaiolama Mini golf has 18 holes in total and provides some breath taking views. Coffee bar is also available with some light snacks. A perfect place for a spot of golf or just to relax.

CONTACT DETAILS:
Pauline Blumsky
Tel—+683 4336

GOLF CLUB HIRE
Join in with the Niue Golf club players on their usual routine games. Hire yourself a golf set (left and right hand sets available) from Vaiolama Café and Minigolf. If playing with others isn’t your thing then hire the set and go on your own throughout the week.

Tuesday Tee Off Time—4 PM
Saturday Tee Off Time—1PM

CONTACT DETAILS:
Vaiolama Mini-Golf
Tel—+683 4336

$25 per set / per day (including transfers)

NOTE: *$20 Green Fee Applies

LAWN BOWLS
A game for both the young and old. Join the lawn bowls group on Saturdays for a fun light game of bowls. A great way to mix and mingle with the locals.

CONTACT DETAILS:
Ezra Talamahina
Tel—+683 4641
$5.00 Per person
Game Starts : 1pm

SPORTS ON NIUE
There are a range of sports played here on the island. There is Netball, Rugby, Soccer, Niuean cricket and touch rugby. Depending on the season at least one of these sports will be happening throughout the year. For more information on what sports are currently happening on island you can contact the Niue Information Centre, otherwise please feel free to contact the Niue Island Sports Association.

CONTACT DETAILS:
NISANOC
Email—nisanoc@niue.nu
Tel—+683 4248
ENTERTAINMENT

ALOFI RUGBY CLUB
Location—Paliati, Alofi South
Opening Hours - Saturday 6pm—12am
Tel—+683 4300

CLAYTONS BAR
Location—Amanau, Alofi South
Opening Hours—Wed & Sat (4pm—12am)
Fri (8pm—12am)
Dart board, pool table and venue also available for hire.
Tel—+683 4395 OR +683 4120

MATAPAS BAR
Location—Hikutavake
Opening Hours—Monday—Friday : 10am—4pm / Sat 7pm—12am / Wednesday 7pm—2am
Tel—+683 4558

PACIFIC WAY BAR
Location—Amanau, Alofi South
Opening Hours—Mon/Wed/Thurs/Sat (2pm-11pm)
Tues/Fri (11am-11pm)
Wed/Fri “HAPPY HOUR” (4pm-5pm)
KARAOKE Fri/Sat (7pm onwards)
BINGO fortnightly Saturday 2pm-6pm
Tel—+683 4139 OR +683 4239

OKIOKI MAI A CAFÉ
Location—Tamakautoga Beach
Opening Hours—Mon—Sun: 9am—7pm
Tel—+683 6239

SAILS BAR
Location—Tuolu, Makefu
Mon—Sat 2pm—8pm
Tel—+683 4235
## CHURCH SERVICES

### EKALESIA CHURCH SERVICES
**ALL VILLAGES EXCEPT TUAPA**

**LOCATION:**
Alofi, Tamakautoga, Avatele, Vaiea, Hakupu, Liku, Lakepa, Toi, Mutalau, Hikutavake, Namukulu, Makefu

**Morning Service:** 10am
**Afternoon Service:** 4pm

For more information contact the Niue Information Centre Tel—+683 4224

### EKALESIA CHURCH SERVICES
**TUAPA VILLAGE ONLY**

**LOCATION:**
Tuapa Village

**Morning Service:** 9am
**Afternoon Service:** 5pm

For more information contact the Niue Information Centre Tel—+683 4224

### THE CHURCH OR JESUS CHRIST OF LATTER-DAY SAINTS

**LOCATION:**
Alofi South

**Morning Service:** 10am

For more information contact the Niue Information Centre Tel—+683 4224

### SEVENTH DAY

**LOCATION:**
Alofi North

**Morning Service:** 11:00 am

For more information contact the Niue Information Centre Tel—+683 4224

### JEHOVAH WITNESS

**LOCATION:**
Mutalau

**Morning Service:** 10:00 am

For more information contact the Niue Information Centre Tel—+683 4224

### NIUE CHRISTIAN FELLOWSHIP

**LOCATION:**
Church by the Alofi North Village Hall

**Morning Service:** 10:00 am

Conducted by Morris Tafatu

### CATHOLIC CHURCH

**LOCATION:**
Alofi North

**Morning Service:** 10am

For more information contact the Niue Information Centre Tel—+683 4224

### APOSTOLIC

**LOCATION:**
Alofi South

**Morning Service:** 10:30 am

For more information contact the Niue Information Centre Tel—+683 4224
KEY ATTRACTIONS

AVAIKI (moderate)
A historical place in Niue as this was where the first canoe landed. It is advisable to visit Avaiki during a low tide as there is an amazing swimming cave to the north of the main cave and perfect for a sunset swim.

Palaha (moderate)
Located south of Tuapa village, along the North West coast of the island, Palaha is notable for its limestone formations in varying shades of green and red. The reef flat is accessible at low tide, with small pools to snorkel in. The rock formations can get quite slippery so do navigate them with caution.

Limu (easy)
One of the most beautiful swimming and snorkeling areas on the northern coast of the island, the crystal clear waters of Limu hold a wide variety of fish life and caves to explore. The mixture of salt and fresh water flowing out from the island provides a refreshing and unique snorkeling experience. The track to Limu is clearly marked at the northern end of Namukulu Village and has wonderful picnic areas available. A visit to Limu is a must for all visitors to the island.

Hio (moderate)
Located just on the outskirts of Tuapa village heading north is a small secluded sandy cove. At low tide a cave to the north of the cove can be accessed. It was here that the Peruvian ‘black birder’ Irole wrecked in 1877, locals took possession of the liquor that was salvaged from the wreck and poured it into the sea despite the protests of the Captain.

Matapa Chasm (easy)
Noted for its expansive cliff face and historical importance as a reserved bathing place for Niue’s traditional kings, Matapa Chasm is reached by a track which branches off from the main road at the foot of Hikutavake Hill and beside the start of the trek to Talava Arches. Matapa Chasm provides a sheltered snorkeling, swimming place for all.

Talava Arches (moderate to hard)
Branching off to the right of the access track to Matapa Chasm is a clearly marked trek to Talava Arches. Traditionally used as a lookout point to keep watch for impending raids or foreign vessels, Talava is now home to one of Niue’s unique landmarks – the Arches.
KEY ATTRACTIONS

Uluvehi (easy)
1846 hailed the arrival of Christianity to the island through Peniamina. In 1863 Peruvian Slave traders arrived at Uluvehi and carried away 109 young Niuean men in 3 ships to work in the guano mines of Chile. Today, Uluvehi offers a great view of the ocean and with a coconut stop at the start of the road it’s a great way to refresh yourself before continuing on with your journey.

Togo (moderate to hard)
Everyone should make at least one trip to Togo which is reached by a track starting about 4km north of Hakupu. After leaving the bush the track descends through a mass of jagged coral pinnacles to a grassy flat, where a passage leads off to the edge of a chasm. At the foot of the chasm there is a beach of fine golden sand from which some coconut trees rise, almost reaching to the rim of the chasm.

Anapala (moderate)
Descending 155 steps into a well known chasm and pool of fresh water situated near the track leading from the village of Hakupu to the sea, Anapala was a main source of fresh water for residents of the surrounding village.

Peniamina’s Grave (easy)
Located in a small clearing on the left hand side of the road 5km north of Alofi is the burial site of Peniamina, the first Niuean to bring Christianity to the island. In his honour Niue also observes an annual public holiday in October.

Opaahi (easy)
This was the site Captain Cook’s second landing attempts in June 1774. Cook’s landing party was challenged by the locals, who retreated after several volleys were fired, and the landing party returned to the ship.

Tomb Point (easy)
An easy walk next to church in Alofi, opposite the main shopping centre and with a lookout and 180 degree views of the Alofi bay. There are picnic areas nearby and two of Niue’s former kings are buried within the grounds of the church.
KEY ATTRACTIONS

Hikutavake Pools (easy)
Located in the village of Hikutavake, towards the sea side at the open field. Best to head down at low tide. Great spot for snorkelling and walking along the reef.

Hikulagi Sculpture Park (easy)
Add to the Hikulagi sculpture park. Located in the village Liku, check out the different forms and takes on art.

Tautu (easy)
Located in the village of Liku. A beautiful spot to watch the sun set. Also an amazing spot to have lunch under the cool shade of the trees just above the cave. A definite MUST SEE attraction.

Amanau (easy)
Located in the village of Alofi South. A great little picnic open grassy area at the top and a small snorkelling pool at the bottom. Best to go at low tide.

Tamakautoga Sea Track (easy)
A quite secluded beach. A great place to take the family for a swim and also a great spot for a picnic. Low tide is best to visit this site.

Anaana Lookout (easy)
A great spot to have a picnic or an outdoor BBQ. Also the perfect location to view the Humpback whales when in season.